

<b>Time:</b>	<b>Monday-Friday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>6:30 AM</b>	Morning Wake Up/ Line of Sight Rollcall	Morning Wake Up/ Line of Sight Rollcall	Morning Wake Up/ Line of Sight Rollcall	Morning Wake Up/ Line of Sight Rollcall	Morning Wake Up/ Line of Sight Rollcall
<b>6:30 – 6:50 AM</b>	Coffee	Coffee	Coffee	Coffee	Coffee
<b>7:00 AM - 8:30 AM</b>	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
<b>8:45 – 9:30 AM</b>	Orientation	Orientation	Orientation	Orientation	Orientation
	Goals Group	Goals Group	Goals Group	Goals Group	Goals Group
<b>9:30 - 10:00 AM</b>	Recreation Break	Recreation Break	Recreation Break	Recreation Break	Recreation Break
<b>10:00 AM - 11:30 AM</b>	Primary Therapist Group	Primary Therapist Group  Psychodrama (assigned)	Primary Therapist Group	Primary Therapist Group	Primary Therapist Group
<b>11:30 AM - 1:00 PM</b>	LUNCH – by team	LUNCH – by team	LUNCH – by team	LUNCH – by team	LUNCH – by team
	(Meds & Recreation)	(Meds & Recreation)	(Meds & Recreation)	(Meds & Recreation)	(Meds & Recreation)
<b>1:00 PM - 1:50 PM</b>	<b>Community Choice</b>	<b>Community Choice</b>	<b>Community Choice</b>	<b>Community Choice</b>	<b>Community Choice</b>
	Seeking Safety (Men)	Yoga	Seeking Safety (Men)	Yoga	Men's Group
	Seeking Safety (Women)	Music Group	Seeking Safety (Women)	Big Book Study	Women's Group
	Planning for Recovery	Art Group	Planning for Recovery	Psychodrama (choice)	Anxiety
	Psychodrama (choice)	HIV testing and info	Big Book Study	Wellness Group	Depression/Bipolar

<b>2:00 to 2:50 PM</b>	<b>Enrichment</b> (by team) DBT Relapse Prevention Co-Occurring Disorders Mindfulness Self-Regulation	<b>Enrichment</b> (by team) DBT Psychodrama (assigned) Relapse Prevention Co-Occurring Disorders Mindfulness Self-Regulation	<b>Enrichment</b> (by team) DBT Relapse Prevention Co-Occurring Disorders Mindfulness Self-Regulation	<b>Enrichment</b> (by team) DBT Relapse Prevention Co-Occurring Disorders Mindfulness Self-Regulation	<b>Enrichment</b> (by team) DBT Relapse Prevention Co-Occurring Disorders Mindfulness Self-Regulation
<b>2:50 to 3:20 PM</b>	Indoor/Outdoor Recreation	Indoor/Outdoor Recreation	Indoor/Outdoor Recreation	Indoor/Outdoor Recreation	Indoor/Outdoor Recreation
<b>3:20 to 4:30 PM</b>	Room Time/Personal Care	Room Time/Personal Care	Room Time/Personal Care	Room Time/Personal Care	Room Time/Personal Care
<b>4:30 PM</b>	Roll Call	Roll Call	Roll Call	Roll Call	Roll Call
<b>4:40 PM to 6:00 PM</b>	Dinner Time/ Meds/Personal Calls	Dinner Time/ Meds/Personal Calls	Dinner Time/ Meds/Personal Calls	Dinner Time/ Meds/Personal Calls	Dinner Time/ Meds/Personal Calls
<b>6:15 to 6:45 PM</b>	Indoor/Outdoor Recreation	Indoor/Outdoor Recreation	Indoor/Outdoor Recreation	Indoor/Outdoor Recreation	Indoor/Outdoor Recreation

<b>6:45 to 7:30 PM</b>	Send Offs (by team)/Relapse Prevention	Send Offs (by team)/Relapse Prevention	Send Offs (by team)/Relapse Prevention	Send Offs (by team)/Relapse Prevention	Send Offs (by team)/Relapse Prevention
<b>7:45 PM to 8:45 PM</b>	12 Step Meeting/Peer-based Recovery/Women in Recovery	12 Step Meeting/Peer-based Recovery/Men in Recovery	12 Step Meeting/Peer-based Recovery/Women in Recovery	12 Step Meeting/Peer-based Recovery/Men in Recovery	12 Step Meeting/Peer-based Recovery/Fun in Recovery
<b>8:45 to 9:30 PM</b>	Evening Reflection/Meds/ Snack/Wrap-up	Evening Reflection/Meds/ Snack/Wrap-up	Evening Reflection/Meds/ Snack/Wrap-up	Evening Reflection/Meds/ Snack/Wrap-up	Evening Reflection/Meds/ Snack/Wrap-up
<b>9:30 -10:00 PM</b>	Room Time/Personal Care	Room Time/Personal Care	Room Time/Personal Care	Room Time/Personal Care	Room Time/Personal Care
<b>10:00 PM</b>	Lights Out	Lights Out	Lights Out	Lights Out	Lights Out